

PATIENT INFORMATION FOR FACE TO FACE APPOINTMENTS

DO NOT ATTEND IF YOU HAVE COVID-19 SYMPTOMS

Do NOT enter the clinic if you, or any member of your household, have any symptoms of Coronavirus or have been asked to self-isolate



COME ALONE

Unless you need to bring a chaperone or carer. You may bring one small child if you have no childcare.

WEAR A MASK OR FACE COVERING

Please wear a mask or face covering when you come to the clinic. We are not able to provide these for you.



REDUCE ITEMS YOU BRING

Only bring essential items into the clinic. Leave any unnecessary items at home or in the car.

CONTACTLESS PAYMENTS

Where possible, please pay by card. If you cannot pay by card, please bring exact cash.



ARRIVE AT YOUR APPOINTMENT TIME

Please don't arrive too early for your appointment. We have new intercom systems to manage the number of patients in reception areas.

HAND HYGIENE

Take off any gloves you have arrived wearing. Use our hand sanitiser on entering the clinic.



SOCIAL DISTANCING IN CLINIC

Follow the signs and instructions from staff. Stay 2 metres apart.

COVID RISK SCREENING AND CONSENT

You will be screened for symptoms of Covid and be asked to sign consent to care at Reception.



CHANGING CUBICLES

These are used at both clinics now, to reduce the amount of time spent in the treatment rooms. The cubicles are cleaned regularly.

PPE

Your chiropractor changes face mask & visor regularly. Gloves and apron are changed for every appointment.



MINIMISE CONTACT IN CLINIC

Your chiropractor will stay 2 metres apart, except for examination and hands on treatment.

CLEANING AND INFECTION CONTROL

Treatment rooms are cleaned after every visit & deep cleaned twice a day



CONTACT US FOR ENQUIRIES OR TO BOOK AN APPOINTMENT



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