

CHIROPRACTIC PLUS

PATIENT INFORMATION
FOR TELEHEALTH CONSULTATIONS



TELEHEALTH CONSULTATIONS

- Help to manage symptoms
- Reduce pain and disability
- Useful tools and strategies to help you
- Score high on patient satisfaction
- Help you Stay Safe at home



BOOKING AT TRIAGE CALL

YOUR CHIROPRACTOR WILL HAVE AGREED A DAY AND TIME FOR YOUR CALL. IF YOU CAN'T REMEMBER THIS, PLEASE CALL US

CARE RESPONSE HEALTH QUESTIONNAIRE

IF YOU HAVE PROVIDED YOUR EMAIL AND DATE OF BIRTH, YOU WILL BE SENT A LINK BY EMAIL TO OUR PRE-APPOINTMENT ON-LINE HEALTH QUESTIONNAIRE. PLEASE COMPLETE THIS BEFORE YOUR APPOINTMENT.

OTHERWISE, PLEASE HAVE THE FOLLOWING INFORMATION TO HAND FOR YOUR CALL:

- A LIST OF YOUR CURRENT MEDICATIONS
- KEY DATES OF ANY OPERATIONS/OTHER CONDITIONS

GETTING READY FOR YOUR CALL

CHECK HOW TO PUT YOUR PHONE ON LOUDSPEAKER

WEAR COMFORTABLE CLOTHING

FIND A QUIET AREA WHERE YOU CAN SIT, STAND OR DO SOME SIMPLE MOVEMENTS

YOU MAY BE ASKED TO DO SOME TESTS AS PART OF YOUR PHYSICAL EXAM

HAVE A LIST OF MEDICATIONS & KEY HEALTH HISTORY IF NOT ALREADY PROVIDED ON THE ON-LINE QUESTIONNAIRE

WHAT WE COVER IN YOUR CALL

- CASE HISTORY
- EXAMINATION (simple tests sitting, standing in a small area)
- CLINICAL IMPRESSION & TRIAGE
- EXPLANATION OF SYMPTOMS
- DO'S AND DON'TS TO HELP YOU GET BETTER FASTER
- EXERCISES & REHABILITATION PLANS*
- POSTURE INFORMATION & LIFESTYLE ADVICE*
- FOLLOW UP APPOINTMENTS

**Note: some information may be emailed or posted to you after the appointment*

CONSENTS TO TELEHEALTH CARE

IF YOU ARE A NEW CLIENT WE REQUIRE WRITTEN CONSENT TO CARE. THIS CONSENT ALSO COVERS HOW WE HANDLE YOUR DATA WE WILL POST YOU A CONSENT TO READ & SIGN AFTER YOUR APPOINTMENT. PLEASE SIGN & RETURN TO US BY POST

IF YOU HAVE QUESTIONS PRIOR TO SIGNING, JUST GET IN TOUCH

FEES AND WAYS TO PAY

FEES FOR TELEHEALTH APPOINTMENTS ARE:

£ 40 FOR INITIAL CONSULTATION

£ 28 FOR FOLLOW UP APPOINTMENT

PAYMENT CAN BE MADE BY CARD (OVER THE TELEPHONE) OR BY CHEQUE OR EXACT CASH POSTED TO THE CLINIC

BOOKING FOR FOLLOW ON CARE

YOUR CHIROPRACTOR WILL DISCUSS & ARRANGE THESE WITH YOU THIS MAY BE A FOLLOW UP TELEHEALTH APPOINTMENT OR A FACE TO FACE APPOINTMENT



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